



## ROSE GYM

### FRIDAY

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R01 11:00am GOLD  
R02 2:00pm LEVEL 4  
R03 5:00pm LEVEL 5/GOLD

### SATURDAY

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R04 8:00am LEVEL 7  
R05 11:00am LEVEL 8  
R06 2:00pm LEVEL 9  
R07 5:00pm LEVEL 8/10

### SUNDAY

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R08 8:00am LEVEL 6/7  
R09 11:00am DIAM/SAPP  
R10 2:00pm PLATINUM  
R11 5:00pm PLATINUM

## GOLD GYM

### FRIDAY

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G01 11:00am LEVEL 2/3  
G02 2:00pm BRONZE  
G03 5:00pm SILVER

### SATURDAY

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G04 8:00am BRONZE  
G05 11:00am SILVER  
G06 2:00pm GOLD  
G07 5:00pm SILVER

### SUNDAY

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G08 8:00am BRONZE  
G09 11:00am SILVER  
G10 2:00pm GOLD  
G11 5:00pm BRONZE